



Approved by:



Footprints In The Sand

4 WALL - 32 COUNTS - ADVANCED NIGHTCLUB

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 Note 2 & 3 4 & 5 6 & 7 8 & 1	Lunge, 1/4, Step/Dip, 3/4, Behind Side Step, Step Hipsways, Back Lock Step Bending left knee, lean and lunge out to left side. Count 1: keep right leg straight with toe pointed. Make 1/4 turn right placing weight forward on right. Step left beside right and dip. Straightening up make 3/4 turn right sweeping right around behind left. Cross step right behind left. Step left to left side. Step right forward. Step left forward swaying hips forward. Sway hips back. Sway hips forward. Step right back. Lock left across. Step right back. (12:00)	Lunge Turn Dip Turn/sweep Behind Side Step Step Hipsways Back Lock Back	Left Turning right Left Forward Back
Section 2 2 & 3 & 4 & 5 - 6 7 & 8	Back Lock Step Together, Step x 2, Full Spiral Turn, Step, Pivot 1/2, Step Step left back. Lock right across left. Step left back. Step right beside left. Step left forward. Step right forward. Make full spiral turn left on ball of right. Step left forward and down. Step right forward. Pivot 1/2 turn left. Step right forward. (6:00)	Back Lock Back & Left Right Turn Step Step Pivot Step	Back Forward Turning left
Section 3 & 1 2 & Tag 2 3 4 & 5 6 & 7 8 & 1	1/2, 1/4, Back Rock Side, Cross, 1/4, 1/4, Together Cross, Side Together, Cross Rock Travelling forward turn 1/2 right stepping left back. Turn 1/4 right stepping right to side. Cross rock left behind right. Recover onto right. Wall 5: At this point dance Tag 2 then restart dance from the beginning. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. Step left beside right. Cross right over left. Step left to left side. Close right beside left. Cross rock left over right. Recover onto right whilst rondeing left around and behind right. (9:00)	Half Quarter Back Rock Side Cross Turn Turn Together Cross Side Together Rock Recover	Turning right On the spot Left Turning right Left On the spot
Section 4 2 & 3 Note 4 5 Option 6 & 7 & 8 &	Behind Side Step, Twist 1/2, Full Twist, Behind Side Cross, 1/4, 1/4, Cross Step left behind right. Step right to right side. Step left forward. Keep knees slightly bent for counts 4 and 5. Weight forward on left, twist 1/2 turn right replacing weight to ball of right. Weight on ball of right, twist full turn left sweeping left round and behind right. Replace count 5 (full twist) with Hold, weight on ball of right Cross step left behind right. Step right to right side. Cross step left over right. Turn 1/4 left stepping right back. Turn 1/4 left stepping left to side. Cross right over left. (9:00)	Behind Side Step Twist Full Twist Behind Side Cross Turn Turn Cross	Right Turning right Right Turning left On the spot
Tag 1 1 - 2 & 3 - 4 &	End of Wall 1 (facing 9:00): Side Together Cross, Side Together Cross Step left to left side. Close right beside left. Cross left over right. Step right to right side. Close left beside right. Cross right over left.	Side Together Cross Side Together Cross	On the spot
Tag 2 1 - 2	Wall 5, section 3, count 2& (facing 3:00): Hipsways Step left to left side and sway hips left. Sway hips right. Then restart dance from the beginning.	Hipsways	On the spot
Ending	Keep dancing as music slows. Last Wall (facing 9:00): Do first 5 counts of dance, then unwind 3/4 turn left to face the front.		

Choreographed by: Dee Musk (UK) February 2008

Choreographed to: 'Footprints In The Sand' by Leona Lewis (60 bpm) from CD Spirit (14 count intro - start just before vocals on first beat, approx 14 secs).
 Also available on Danzdevil CBA CD



Music available on the
 12th Crystal Boot Awards
 CD 2008 from
 www.linedancermagazine.com
 or call 01704 392300



A video clip of this
 dance is available at
 www.linedancermagazine.com

Tags: There are 2 tags, the first at the end of Wall 1 and the second during Wall 5 in section 3